THE IFSPD PRESIDENTIAL FELLOWSHIP 2022

Peacebuilding Workshops

ABOUT IFSPD:

IFSPD is an international non-governmental non-profit organization, established in 2009 by the initiative of distinguished intellectuals, scientific and public figures, diplomats, and representatives of influential non-governmental organizations from across the world.

IFSPD represents a civil society initiative for launching common actions and strengthening peace, dialogue, harmony, and cooperation between the countries of the wider Black Sea – Caspian Sea region in the field of enhancing democratic process, consolidation of civil society, economic development, environment, science, education, innovative technology, cultural diversity, tolerance and dialogue among civilizations.

IFSPD, Bulgaria,

Sofia, 9 Positano

Street, floor 6, office

19A

ifspd.org

Tel: +35924440033
secretariat@ifspd.org

IFSPD Presidential Fellows - an internship program for exceptional youth across the world - to drive projects that would promote peace, sustainability, and development.

To reinvigorate the youth & reinforce positivity in the world, we assembled together a handful of the best-talented youth from across the world.

During the course of a few months, these youth have been implementing projects of critical importance to help rebuild our world - under the umbrella of our esteemed foundation IFSPD.

We are happy to release the regular IFSPD project report - done by Nabila Arab, who is currently pursuing a master's degree in migration studies from the Lebanese American University. She organized a "Peacebuilding Workshops" in Saida, South Lebanon.

I am sure you would find this report insightful, and keep our flag flying as we strive to build a Greater IFSPD.

Best Wishes,

Sangeeth Varghese
_____
President of IFSPD,
WEF Young Global Leader,
Author 2 Global Bestsellers
& Founder LeadCap Ventures

PEACEBUILDING WORKSHOPS

Author

Nabila Arab is a social worker specializing in community development and currently pursuing a master's degree in migration studies at the Lebanese American University. She is doing an internship at the institute of migration studies in Beirut in addition to doing the graduate assistant job to the institute's president. She is a research fellow in the New Generation fellowship and a student fellow in Alsharq Fellowship.

ABOUT PROJECT:

Towards a more peaceful life:

This project is about delivering awareness sessions within a workshop that aims to create a common understanding of universal drivers of conflict and peace and team capacity building for peace. It aims to empower youth as informed peacebuilders able to use specific tools and approaches to analyze conflict, create a theory of change, and execute a successful peace project. For that it focuses on:

* Anger Management
* Anti-Bullying / Positive Environment Education
* Conflict Resolution
* Cultural Competency
* Environmental Education
* Gender & Race Equality
* Human Rights
* Mediation & Negotiation
* Nonviolent Communication
* Peace, nonviolence, conflict transformation
* Peacebuilding
* Social & Economic Justic

The project was done with a scouts group in South Lebanon Saida in person for two groups in two days. The first day was on and the second day was on. To conduct the workshop I used flyers, cards, PowerPoint, a laptop, a projector, a classroom, and snacks for the participants.

Workshop Place: Vision Center, Saida, South of Lebanon.

Target Age Group: This Workshop has been delivered to youths aged 12-19 years old.

Number of Attendees: 30 People (two combined sessions)

Duration: 4 Hours for each session

Language: English-Arabic Detailed Workshop

Description: I started the workshop with a PowerPoint presentation (45 minutes), by Introducing the NewGen Peacebuilders program and its mission regarding peacebuilding tools. Then, I moved to Human Rights: their history and importance. I also mentioned the most important ones, and put each one on a different slide. After that, I divided the attendees into 3 groups, and I started with the first activity:

Where do you stand? (1.5 hours) The purpose of this activity was to widen their understanding of human rights. After giving them 30 minutes to put on the cards, we took also 30 minutes to discuss where each group has placed the cards, and why with a representative of each group to present their group's work. There were different beliefs, and each group was listening to the other group's opinions.

A small break (15 minutes) took place, where we offered them breakfast and juice with water. After the break, I continued with the PowerPoint: I explained the difference between negative peace and positive peace, then I introduced the three types of violence: Direct violence, Cultural violence, and Structural violence. After that, I explained to them the second activity:

Galtung's Triangle and Sort Cards. (1.5 hours) The purpose of this activity was to widen their understanding of various types of violence. Like the first activity, they took 30 minutes to put on the cards, and 30 minutes to discuss where they placed them and why. I also helped them by translating them into Arabic and giving them similar examples, since the cards were only in English which was a weakness. We finished this activity by discussing each group's preferences. I tried to move to the last activity:

Concept Map of Conflict, but since time was running out, I talked about it briefly and I ended up the workshop with a reflection. (Which took 15 minutes)

Feedback: The participants were very excited about the topic, and enjoyed participating in the activities. I was also surprised by their different opinions, plus to mention that I was the first one who presented the such topic in their weekly meetings. I saw the pride and passion that they have towards the rights. They were very engaging and helped me in cleaning the conference room and organize it again.

"PEACEBUILDING WORKSHOPS"

Author: Nabila Arab

**Produced for International Foundation for
Sustainable Peace and Development (IFSPD)**